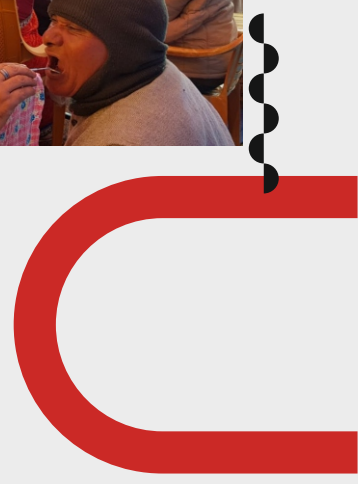


# Free Mega Health Camp & Free Medicine Distribution Programme

29th & 30th of November 2019, Duration of Event : Two Day  
Location : Village Dhyuli Rautela, PO : Dhyuli, Distt. Almora, Uttarakhand





## Project Review

Free Mega Health Camp & Free Distribution of Medicines Programme

## Project Title

Free Mega Health Camp & Free Distribution of Medicines Programme

In Presence of Specialized Doctors from Delhi

Organized by: Shining Souls

## Introduction

The Free Mega Health Camp & Free Distribution of Medicines Programme, organized by Shining Souls in Village Dhyuli Rautela, Block Lamgara, District Almora, Uttarakhand, aimed to provide essential healthcare services to underserved communities. The event was supported by specialized doctors from Delhi, who contributed their expertise to ensure the delivery of high-quality medical care.

## Objectives

- **Provide Medical Care:** Offer free health check-ups and consultations to residents of Village Dhyuli Rautela and nearby villages.
- **Distribute Medicines:** Ensure access to necessary medications at no cost to the community.
- **Enhance Health Awareness:** Educate participants about common health issues and preventive measures.

## Programme Outline

### 1. Health Camp

- **Services Provided:** Free health check-ups, consultations, and diagnostic services.
- **Specializations:** The camp included consultations from specialized doctors covering various fields such as general medicine, pediatrics, dentists and gynecology.
- **Participants:** Residents of Village Dhyuli Rautela and surrounding areas.

### 2. Distribution of Medicines

- **Medicines Provided:** Essential medicines were distributed free of charge to address common ailments and health issues identified during the health camp.
- **Process:** Medications were provided based on prescriptions from the doctors, ensuring proper use and efficacy.





### 3. Health Awareness Sessions

- **Topics Covered:** Preventive health measures, management of chronic conditions, and general wellness.
- **Delivery:** Sessions were conducted by the visiting doctors and local health workers to ensure clarity and understanding.

### Impact

- **Improved Health Access:** The health camp provided critical medical services to individuals who may have otherwise lacked access to healthcare.
- **Enhanced Health Literacy:** Participants gained valuable knowledge about health maintenance and disease prevention, contributing to better overall community health.
- **Community Engagement:** The programme fostered a sense of trust and collaboration between the community and healthcare providers, enhancing the effectiveness of the intervention.

### Feedback

- **Community Members:** Residents expressed their gratitude for the free medical services and medicines, highlighting the positive impact on their well-being.
- **Specialized Doctors:** The doctors from Delhi commended Shining Souls for organizing a well-executed health camp and expressed their willingness to support future initiatives.
- **Local Leaders:** Local leaders praised the initiative, noting its importance in addressing healthcare needs and improving the quality of life in the area.

### Conclusion

The Free Mega Health Camp & Free Distribution of Medicines Programme in Village Dhyuli Rautela was a significant success. By providing essential medical services and medicines, Shining Souls, in collaboration with specialized doctors from Delhi, effectively addressed critical health needs in the community. The positive feedback from participants and supporters underscores the value of such initiatives in enhancing health access and education. Shining Souls remains committed to continuing and expanding these vital healthcare programs to reach more underserved communities.

